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# Far Journeys



## Synopsis

The sequel to Monroe's Journey Out Of The Body is an amazing parapsychological odyssey that reflects a decade of research into the psychic realm beyond the known dimensions of physical reality.

## Book Information

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## Customer Reviews

I've read all three of Monroe's books and this is by far his best. In this book he has accepted the OOB experience for what it is and has stopped worrying about his sanity. In this book, he has also pretty much perfected his OOB techniques and begins to have truly meaningful experiences and revelations. There is one aspect of this book that Monroe touches upon very briefly but is of utmost importance to understand. Once you master the OOB experience, you become psychic, telepathic and the body is less likely to suffer physical trauma as a result of accidents. Monroe clearly describes two incidents where he fell down a steep flight of stairs head first and landed smack on his head both times. However, he said that his head touched the ground gently, like a feather, while his legs remained dangling in the air. His legs then gently draped down onto the stairs and he suffered no pain and developed no bruises. It is because of these "side-effects" of lucid dreaming, that Toltec sorcerers and Shamans sought to practice and perfect OOB techniques. For more information about this aspect of the OOB experience read 1) The Art of Dreaming- Carlos Castaneda; 2) The Path- Esmeralda Arana.

I have read Monroe's 3 books, and this one seems to be the most intriguing and enlightening. While his first book talks about the mechanics of Out of Body Experience (written in the early days when he was still experimenting with it), this book talks about his Far Journeys to the outer realms of existence, out of time and space limitation, where he learns about the cycle and meaning of human existence (this will be the first time you read something like this from a rational straightforward perspective, without any religious connotations). Talks about human existence in time and space, and about existence outside of time and space. He meets a brightly glowing enlightened being who knows everything about him (somewhat like his guide) who guides and shows him about life itself (most people who had Near Death Experience think that glowing being as their God, or Jesus, Allah, angels or whatever God they believe in, which Monroe many years later in his 3rd book 'Ultimate Journey' discovered who that glowing being truly is! You will be absolutely shocked and surprised!!) In this book he uses a lot of new terms which he uses to describe the Non-Verbal Communication (NVC) (similar to telepathy) and Ideas he experienced and communicated in the out of body state, into verbal language (English) which we use to make sense of things. Spirits don't use languages like humans do, since language is a human creation!! That is the reason why he used many unusual terms, to generally describe the NVC to the reader. It actually isn't that hard to read, you just have to flick the pages and refer to his word list (only about 15 words) to look up what it means.

\_This is my sentimental favorite of Monroe's three books. It is primarily the accounts of the Gateway Program and its early Explorer teams. These were men and women selected by Monroe's organization to undergo training (largely centered around his Hemi-Sync technology) that enabled them to explore other levels of consciousness. This included visits with once-human and never-human entities in alternate dimensions and other worlds. It seems that the STI (Space Time Illusion) that we assume to be the "really real" world is only the tiniest part of the totality of existence. You are either going to be able to wrap your mind around this and accept it- or you will automatically reject it. In any case, as the book points out, all of us will cross over into at least part of this greater reality after bodily death- this is not a belief system or dogma. It is just that some individuals have the ability to consciously and lucidly explore those realms without dieing. In any case, we are more than our physical body.\_ In the many accounts given of exploration and contact by Monroe and his associates it must be kept in mind that these are transcripts of translations from NVC (Non Verbal Communication) into human words. Human language is a very restricting form of communication and is not used at higher levels. There is also the fact that Mr. Monroe was a radio

engineer and that much of his terminology reflects his training and colors his interpretations.\_The epilogue is especially informing- it is a concise and well-organized outline of the entire system of existence through all the various levels. The first appendix gives an excellent set of questions and answers. The second appendix is an independent scientific study the OBE Psychophysiology. In the conclusion of the latter it is pointed out that Plato believed something very similar to this system. It also struck me as very similar to some of the more satisfying Gnostic beliefs.

This is by far, Monroe's best book. It was a review in the Journal of Parapsychology that led me to this book and ultimately my soulmate. Bob's description of his patented Hemi-sync process turned me on to it so much that I became a trainer of it! His descriptions of his journeys beyond time/space have become the map for many psychonauts and created a lexicon for describing our adventures. Bob has influenced just about everyone in the field and has thus affected the path of mankind.

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